

# Define Your Signature Style

## Worksheet

### DEFINE YOUR LIFESTYLE

#### EXERCISE 1 | FUNCTION

Determine how your family will, would or should use the space. Assess the main rooms in your home:

1. How many people use it regularly? \_\_\_\_\_ 2. Who uses this room the most? \_\_\_\_\_
2. What will people do in the room for the majority of the time

Now describe what your home needs to do:

*My Example: Eat family meals, watch TV, read, take naps, wrestle, play games*

### CREATE AN ATMOSPHERE

#### EXERCISE 2: FEELING

Look at the people your list from Exercise 1 and think about: Circle your answers or write in your own.

1. How do you want the people using the room to feel? 2. How do you want your guests to feel?

- |               |               |            |   |
|---------------|---------------|------------|---|
| ▶ Cozy        | ▶ Exhilarated | ▶ Fresh    | ▶ |
| ▶ Comfortable | ▶ Inspired    | ▶ Young    | ▶ |
| ▶ Casual      | ▶ Relaxed     | ▶ Hip      | ▶ |
| ▶ Formal      | ▶ Chic        | ▶ Vibrant  | ▶ |
| ▶ Luxurious   | ▶ Bright      | ▶ Soothing | ▶ |
| ▶ Adventurous | ▶ Fun         | ▶ Playful  | ▶ |

*My Example: cozy, comfortable, relaxing and luxurious*

### PRODUCE THE VISUAL

#### EXERCISE 3 | FASHION

Using Pinterest boards or magazines, pick your top three rooms and write down the things you love above about each one. Here is a list to help you if you get stuck:

Colors	Patterns	Metals	Textures	Lines	Furniture	Accents	Artwork	Flooring	Other
Light	Floral	Bronze	Soft	Ornate	Ornate	Glass	Canvas	Carpet	
Dark	Geometric	Gold	Fuzz	Curvy	Simple	Pottery	Vintage	Tile	
Bright	Abstract	Pewter	Rough	Straight	Tufted	Old	Abstract	Wood	
White	Busy	Silver	Smooth		Leather	Rattan	Portraits		
Neutral	Simple	Worn	Distressed		Wood	Abstract	Scenery		
Colorful	None	Rusted	Glossy		Antique		Bold		
							Posters		
							Framed		

**EXERCISE 3 | PART II** Complete the same thing, but this time get input from your family. BE PATIENT WITH THEM.

Colors	Patterns	Metals	Textures	Lines	Furniture	Accents	Artwork	Flooring	Other
Light	Floral	Bronze	Soft	Ornate	Ornate	Glass	Canvas	Carpet	
Dark	Geometric	Gold	Fuzz	Curvy	Simple	Pottery	Vintage	Tile	
Bright	Abstract	Pewter	Rough	Straight	Tufted	Old	Abstract	Wood	
White	Busy	Silver	Smooth		Leather	Rattan	Portraits		
Neutral	Simple	Worn	Distressed		Wood	Abstract	Scenery		
Colorful	None	Rusted	Glossy		Antique		Bold		
							Posters		
							Framed		

**YOUR SIGNATURE STYLE**

After going through the last few exercises, you are now armed with three things: Function, Feeling and Fashion. Write them down all together.

*My Example: Function: Eat family meals, watch TV, read, take naps, wrestle, play games*

*Feeling: cozy, comfortable, relaxing and luxurious*

- ▶ Light Walls
- ▶ Geometric Lines
- ▶ Shiny Metallic Finishes
- ▶ Dark Wood
- ▶ Medium Wood
- ▶ Dark Accent Walls
- ▶ Soft Light
- ▶ Simple Lines
- ▶ Uncluttered
- ▶ Reflective accent pieces
- ▶ Mercury glass
- ▶ Wood or Tile Flooring

You can choose to give your style a name if you like, but these factors should guide your ALL your design decisions.

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